

# Free Time is Prime Time for Risky Behaviors

## INHALANTS = DANGER

22% of inhalant abusers who died of Sudden Sniffing Death Syndrome (SSDS) had no history of previous inhalant abuse.

*Results of a recent CCY and D-200 survey of 7th, 9th and 11th graders show:*

- 11% of our youth have used inhalants in the past year
- Inhalants are often the first substances a youth abuses, a “gateway” drug. Use starts as early as 6th grade.
- **Get Involved. Make a Difference.**
- Mentor youth groups
- Organize youth community projects
- Get to know a child in your neighborhood
- Attend a sporting event or school play



**Contact Ken at (815) 338-2921 or  
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for more information**

**Adults: Ask questions. Verify  
answers. Shape futures.**



**Community Connections for Youth**

*Working Together to Give Youth the  
Tools They Need to Succeed*

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